



# Hand Hygiene Australia

[www.hha.org.au](http://www.hha.org.au)

Competency Title: Hand Hygiene

Employee name \_\_\_\_\_ Date: \_\_\_\_\_

Ward/Area \_\_\_\_\_ Occupation: \_\_\_\_\_

Assessor: \_\_\_\_\_

Learning Resources:

1. HHA Manual/website
2. Internal Infection Control Manual/Policy and Procedures Manual/Dress Code Policy
3. Internal Workplace trainer/assessor
4. WHO Guidelines on Hand Hygiene in Healthcare, 2009:

**Skills:** Know when and how to perform a correct social hand wash and hand rub.

**Knowledge:** Understand why correct and appropriate Hand Hygiene is essential.

Understand what a micro-organism is and how to break the transmission of micro-organisms.

Understand the importance of intact skin integrity.

Have read and understood your facilities Hand Hygiene policy, jewellery policy and dress code policy.

**Objective:** Following theoretical instructions, practical demonstration and practice under supervision the staff member should be able to demonstrate:

	Competent	Not yet Competent
<b>How to wash with Soap and Water</b>		
1. Remove excess jewellery		
2. Wet hands with warm water		
3. Apply appropriate soap (enough to cover all surfaces of hands)		
4. Rub hands together vigorously to distribute over palms, back of hands, between fingers and wrists		
5. Rinse hands under running water, turn off tap allowing water to drip from fingertips		
6. Thoroughly pat dries hands and wrists with paper towel		
7. Dispose of paper towel		
<b>How to use Hand Rub</b>		
1. Remove excess jewellery		
2. Squirt product into cupped hands (enough to cover all surfaces of hands)		
3. Roll to distribute over palms, back of hands, between fingers and wrists		
4. Rub hands together until all surfaces are dry		
<b>General Hand Health Observations</b>	<b>Yes</b>	<b>No</b>
1. Skin intact, no rashes, cuts /abrasions		
2. No acrylic/artificial nails in clinical areas		
3. Natural nails are clean and well groomed		
4. Does HCW know where hospital supplied moisturizer is located (ask if they use and frequency of use)		
Comments:		
Assessor's signature:		
Assesses signature:		
Review date :		